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Fit stop eatery

If you’re looking for a great time in a fun atmosphere with friendly staff, look no further. Charlies Eatery & Pub is locally owned and is located in the Hillcrest Shopping Center next to the Indoor Golf Center. Enjoy a meal in our restaurant with live Bluegrass music or visit our pub for food, drinks, entertainment, music and games. Charlies Restaurant is a Rochester favorite offering homemade breakfast, daily lunch and dinner specials, appetizers, soups & salads. Charlies Pub is great for those looking for fun and entertainment, or a place to catch a game on one of our many TV’s. We have weekly entertainment, including karaoke, DJ trivia and live music. We also have pool and dart leagues. Charlies Catering is your source if you are planning to entertain a group and need catering, We have the experience so you can focus on your event. If you need a place to host an event, we have access to an event center that may fit your needs. Stop in anytime! We are open 7 days a week with our Restaurant open 6 a.m. to 10 p.m. and our Pub open 8 a.m. to 12 a.m. Our business specializes in providing our customers with the cleanest ingredients, while keeping each person’s… Hours may change under current circumstances Is this your business? Verify your listing Fresh Tuna and Salmon, Cucumber, Carrots, Corn, Cabbage, Edamame, Mango, Avocado, on White rice, with Spicy Mayo and Eel sauceStrawberry, banana, almond milk, and vanilla protein. Toppings: Strawberries, Banana, Granola, Chia Seeds, Honey.Tempura Shrimp, Cucumber, Avocado, Corn, Edamame on White rice, topped with Spicy Mayo and Eel sauceFresh Tuna and Salmon, Cucumber, Carrots, Corn, Cabbage, Edamame, Mango, Avocado, on White rice, with Spicy Mayo and Eel sauceSteamed Shrimp, Krab, Cucumber, Carrots, Cabbage on White rice, with Spicy Mayo, and Eel sauceTempura Shrimp, Cucumber, Avocado, Corn, Edamame on White rice, topped with Spicy Mayo and Eel sauceKrab, Avocado, Cucumber, Edamame on White rice, Topped with Sesame seeds and Spicy MayoSpicy Tuna, avocado, cucumber, edamame, on white rice topped with spicy mayo and sesame seeds.Grilled Chicken, Spinach, Carrots, Avocado on White Rice, topped with Balsamic vinaigretteGrilled Chicken, Caribbean, Jerk sauce, Greens, Corn, Carrot, Mango, Avocado on White riceGrilled Chicken coated with Franks Buffalo sauce, Red Onion, Carrots, Avocado on White RiceTofu, Spinach, Avocado, Greens, Carrots, Edamame on White rice, with Balsamic vinaigrettegrilled bbq chicken, hawaiian bbq sauce, greens, corn, carrots, avocado, pineapple, on white rice.Bakes Salmon on Mixed Greens, Avocado, Corn, Red Onion, Cilantro, with Mango SalsaGrilled Chicken, Sliced Almonds, Carrots, Cranberries, Avocado, on Mixed Greens with Balsamic vinaigretteGilled Chicken, Cucumber, Red Onion, Kalamata Olives, Feta, on Mixed Greens, with Tzatziki Sauceahi poke tuna, cucumbers, avocado, edamame, carrots on spinach, topped with wasabi aioli and sesame seeds.Strawberry, banana, almond milk, and vanilla protein. Toppings: Strawberries, Banana, Granola, Chia Seeds, Honey.Blueberries, banana, almond milk, and vanilla protein. Toppings: Granola, Banana, Blueberries, AgavePineapple, mango, almond milk, and vanilla protein. Toppings: Pineapple, Banana, Shredded Coconut, Sliced Almonds, Agave.Banana, peanut butter, almond milk, and chocolate protein. Toppings: Banana, Sliced Almonds, Granola, PB drizzle.blue spirulina, banana, topped with fresh pineapple, banana, coconut flakes, sliced almonds, and agave.dragonfruit (pitaya), banana, topped with fresh pineapple, banana, coconut flakes, sliced almonds, and agave.base: acai, vanilla protein & almond milk. toppings: granola, banana, strawberries, and blueberries w/ almond butter drizzleSugar free caramel, banana, strawberry, and vanilla protein. Sugar free caramel, banana, and vanilla protein. Sugar free almond, coconut, and vanilla protein. Peanut butter, strawberries, and vanilla protein. Peanut butter, banana, hazelnut, and vanilla protein. Cinnamon, Banana, PB, Tastes like a Cinnamon Toast Crunch Shake. Peanut butter, chocolate protein, caramel, and hazelnut. Banana, chocolate protein, and sugar free chocolate. Peanut butter, chocolate protein, and sugar free chocolate. Sugar free cookies, sugar free chocolate, and chocolate protein. Coconut, caramel, chocolate, and chocolate protein. Peppermint, sugar free cookie, and chocolate protein. Greens powder, banana, pomegranate, strawberry, blueberry, and vanilla protein. Banana, avocado, strawberries, spinach, and vanilla protein. Matcha powder, banana, pineapple, and vanilla protein. blue spirulina, banana, pineapple, and vanilla proteindragonfruit (pitaya), banana, pineapple, and vanilla protein.Strawberries, banana, and vanilla protein. Strawberries, blueberries, banana, raspberry, and vanilla protein. Pineapple, coconut, banana, and vanilla protein. Blueberries, strawberries, raspberries, and vanilla protein. Raspberries, strawberries, banana, and vanilla protein. 20 oz. Passion mango juice, banana, mango, and peach. 20 oz. Banana, pineapple, guava juice, and passion mango juice. Pomegranate, banana, passion mango juice, and mango. raspberry juice, strawberries, and bananaraspberry juice, strawberries and blueberries. Please read this agreement carefully to ensure you understand each provision. THIS AGREEMENT REQUIRES THE USE OF ARBITRATION ON AN INDIVIDUAL BASIS TO RESOLVE DISPUTES, RATHER THAN JURY TRIALS OR CLASS ACTIONS, AND ALSO LIMITS THE REMEDIES AVAILABLE TO YOU IN THE EVENT OF A DISPUTE. Welcome to The Fit Eatery website. By using our website or placing an order, you accept and agree to be bound by our Privacy Policy. Use of the website is only available to users who are 18 years of age or older and reside in the United States, or its possessions AND territories. The Fit Eatery makes NO claims that the Site OR ANY of its content is accessible from outside the United States. Should you access our Site outside of the United States, you do so on your own initiative and are responsible for compliance with local laws. We may update these page from time to time at our sole discretion. The modified rules will be effective 30 days following posting and you agree to the new posted Privacy Policy by continuing your use of the website and/or placing an order. Each time you use the website or place an order, you reaffirm your acceptance of the then-current Privacy Policy, and your agreement to be bound hereby. You are responsible for staying informed of any changes and are expected to check this page from time to time so you are aware of any changes. If you do not agree with the modified Privacy Policy, you should stop using the website immediately. Who we are: Our website address is: . What personal data we collect and why we collect it: In order to better provide you with our numerous services, we collect two types of information about our users: Personally Identifiable Information and Non-personally Identifiable Information. Our primary goal in collecting information from you is to provide you with a smooth, efficient, and customized experience while using our site. We do not collect any Personally Identifiable Information about you unless you voluntarily provide it to us. Personally Identifiable Information: This refers to information that lets us know the specifics of who you are. When you engage in certain activities on this site, such as ordering a product/service or sending us feedback, we may ask you to provide certain information about If you yourself by filling out and submitting an online form. It is completely optional for you to engage in these activities. Depending upon the activity, some of the information we ask you to provide is identified as mandatory and some as voluntary. If you do not provide the mandatory data with respect to a particular activity, you will not be able to engage in that activity. Non-Personally Identifiable Information: This refers to information that does not by itself identify a specific individual. We gather certain information about you based upon where you visit on our site in several ways. This information is compiled and analyzed on both a personal and an aggregated basis. This information may include the Web site’s Uniform Resource Locator (“URL”) that you just came from, which URL you next go to, what browser you are using, and your Internet Protocol (“IP”) address. A URL is the global address of documents and other resources on the World Wide Web. An IP address is an identifier for a computer or device on a Transmission Control Protocol/Internet Protocol (“TCP/IP”) network, such as the World Wide Web. Networks like the Web use the TCP/IP protocol to route information based on the IP address of the destination. In other words, an IP address is a number that is automatically assigned to your computer whenever you are surfing the web, allowing web servers to locate and identify your computer. Computers require IP addresses in order for users to communicate on the Internet. We will primarily use your Personally Identifiable Information to provide our services to you, as required by our agreements with you. We will also use Personally Identifiable Information to enhance the operation of our site, fill orders, improve our marketing and promotional efforts, statistically analyze site use, improve our product and service offerings, and customize our site’s content, layout, and services. We may use Personally Identifiable Information to deliver information to you and to contact you regarding administrative notices. We may also use Personally Identifiable Information to resolve disputes, troubleshoot problems and enforce our agreements with you, including our Site Terms of Use, Sales Terms and Conditions, and this Private Policy. We do not sell, trade, or rent your Personally Identifiable Information to others. At our site you can be assured that your Personally Identifiable Information is secure, consistent with current industry standards. The importance of security for all Personally Identifiable Information associated with our user is of utmost concern to us. Unfortunately, no data transmission over the Internet or any wireless network can be guaranteed to be 100% secure. As a result, while we strive to protect your Personally Identifiable Information, you acknowledge that: (a) there are security and privacy limitations of the Internet which are beyond our control; (b) the security, integrity and privacy of any and all information and data exchanged between you and us through this site cannot be guaranteed; and (c) any such information and data may be viewed or tampered with in transit by a third party. We may, from time to time, send you email regarding our products and services. If you do not want to receive such mailings, simply tell us when you give us your personal information. You also have choices with respect to cookies, as described below. By modifying your browser preferences, you have the choice to accept all cookies, to be notified when a cookie is set, or to reject all cookies. If you choose to reject all cookies some parts of our site may not work properly in your case. If you have any questions regarding our privacy policy or the use of your information, please contact us at: The Fit Eatery LLC, 12395 Lewis St, St 102, Garden Grove, CA 92840 Thefiteatery@gmail.com Attn: Legal Department. We created Next Door as a casual, informal restaurant that could become part of people’s everyday lives. A place where they can grab a beer at the bar, stop in for a bite and gather with family and friends.We designed our menu to be affordable yet sustainable, with variety to fit any mood. Full of flavors and textures that appeal to a broad range of appetites, including those with dietary preferences. Our recipes are made with food you can trust, using wholesome, unprocessed food without bad additives or artificial ingredients, sourced from suppliers we know and trust.It was a great success, so we opened another. And another. And now we’re bringing that same downtown vibe to neighborhoods, new and old, across the country. Skip to main content Interested in flexible schedule & competitive pay? What about paid vacation & meal discounts when working or stopping in when not scheduled? Wanting benefits that go beyond like life insurance, vision & dental plans, 401K savings plans? WE GOT IT ALL! + Team Oriented Spirit + Fast Paced Work Environment + Cross Training Opportunities Hosted by The Eatery kitchen, REDZ offers quality BBQ, scrumptious sides & breads with gluten-free options. Domestic, micro & import brews, along with adult elixirs by the glass or quart available. Ultra-convenience to you with CURBSIDE & DELIVERY. Click to learn more & order online. Casual Comfortable Dining conveniently located in the center of Lincoln, between Van Dorn & Normal on South 48th Street Whether enjoying dinner with a friend or a lunch meeting with your coworkers, The Eatery can accommodate in one of our open, clean & casual dining regions: our Main Dining area or Private, Reserved Dining Room. Have an appetite for a taste of home but can’t find the time to make it yourself? We feature something for everyone with Breakfast all day, Pizza, Burgers, Pastas, Seafood, hearty Entrees with vegetarian & gluten-free options plus Garden Fresh made to order Salads & 50+ item Salad Bar, Junior Menu meals, fresh baked TrEATERY desserts and Beer, Wine & Cocktails for the adults. The Eatery is here to serve you as a one-of-a kind find that’s locally owned & operated right here in the heartland of Lincoln, NE. The Eatery’s offerings don’t stop there! Check out our weekday Lunch Combo specials & Limited Time Features. Be sure to get rewarded by registering in our Loyalty Rewards Program with perks just for members! Regardless of what you choose, all our dishes are served with generous table-side hospitality in comfortable surroundings to make your dining experience one of the best here in Lincoln. At The Eatery, you’re welcome here. Fresh, Fast & Friendly come Together at The Eatery There's always Something for Everyone with Breakfast served all day, Pastas, Pizzas, 1/2 Pound Burgers, assorted Sandwiches, hearty Entrees including fresh Chilean Salmon & Prime New York Strips Steak served every day.

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